

Guess What Worms Eat:

The Yuck or Yum fun quiz!

A Apples?



Yuck or Yum

B Batteries?



Yuck or Yum

C Leeks?



Yuck or Yum

D Potato Peelings?



Yuck or Yum

E Grass Cuttings?



Yuck or Yum

F Vacuum Bag Contents?



Yuck or Yum

G Plastic Cartons?



Yuck or Yum

H Egg Boxes?



Yuck or Yum

I Dog Poo?



Yuck or Yum

J Horse Manure?



Yuck or Yum

K Hair?



Yuck or Yum

L Denim?



Yuck or Yum

M Newspapers?



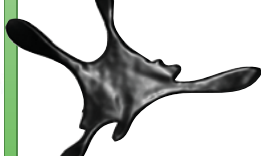
Yuck or Yum

N Food Scraps?



Yuck or Yum

O Oil?



Yuck or Yum

P Oranges?



Yuck or Yum

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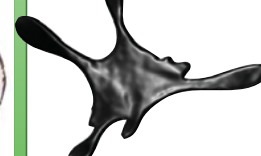
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P.T.O for answers.

For everything wormy! We're based in Romsey, Hampshire



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Worms are amazing creatures!



They can eat their own body weight in 1-4 days depending on whether it is their favourite or not!



Earth Essentials has a range of wormeries to suit most households as well as the best worms you can get!



Our worms are ideal for green waste recycling as well as angling!



The result of all this eating produces a 100% organic and natural plant enhancing fertiliser.

Fun Quiz Answers:

- A. Yum!** A little bit of apple is okay for worms to eat
- B. Yuck!** Worms cannot eat non organic material such as metal; batteries are very high in acid which will kill worms.
- C. Yuck!** Worms do not like onions, leeks, garlic or other very strong vegetable matter.
- D. Yum!** Worms like most of the food waste when preparing food in the kitchen.
- E. Yum!** Worms do like grass cuttings but in small doses, too much covering the wormery could over heat the contents and cause harm to worms, but small amounts will easily be digested.
- F. Yum!** Worms like dust and the contents of your vacuum will easily be digested, but not too much at once, worms also need air so contents need to be spread over a large surface area.
- G Yuck!** Worms cannot eat anything that is non organic, plastic and similar material will be left, sorry but this has to go to landfill or incineration if you don't re-cycle it!
- H. Yum!** Worms love cardboard such as egg boxes and toilet roll tubes.
- I. Yum!** A really easy, convenient, cheap and extremely environmentally friendly way of ridding the garden of dog waste, get a dog poo wormery from Earth Essentials.
- J. Yum!** Worms love horse manure, but you do need a very large amount of worms to make any real significant impact on a dung pile, Earth Essentials has millions of worms.
- K. Yum!** Yes surprisingly worms like hair, human and animal, not their favourite food but they will enjoy it occasionally.
- L. Yum!** Another surprise! Worms enjoy natural fibres like denim or cotton but in small doses!
- M. Yum!** A really good source of food, easily prepared and easily digested by worms, also a good way of helping the worms environment in a wormery.
- N. Yum!** Worms will eat most scraps of food even meat, though bones still need to be thrown away!
- O. Yuck!** Oil and grease are not liked by worms at all.
- P. Yuck!** Worms don't like food that is too acidic, so leave oranges/lemons etc out of the wormery.

**More info & online shop: www.earth-essentials.co.uk
Tel: 01794 51 39 51 Email: enquire@earth-essentials.co.uk**

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